

Maria, a single mother with three children, lives in a very poor suburb in Madeira, Portugal. Her latest companion has just left her. She works as a maid for a wealthy family, but for how much longer? Someone recently stole an expensive ring from the lady of the house, who suspects one of the maids. They can't find out who is guilty, so all the maids are going to be sacked and replaced. Maria is Capricorn.

Amina is from Turkey. She lives in a small village in one of the poorest region of the country. She is 12 years old and her parents - very poor peasants - are talking about looking for a husband for her. But she does not want to get married; instead she decides to run away from home and travel to the capital where she hopes to have a brighter future. Amina is Gemini.

Misha is from Tomsk in Siberia. He has been unemployed for many months and he does not know what to do. His wife is very ill and has to stay in bed all day. He has four children aged 20, 18, 10 and 8 and the two youngest are disabled. Misha is Virgo.

Yuriy lives with his parents and three younger brothers in Tomsk in Siberia. He is twenty years old and a very promising ice-hockey player. His uncle in America has offered to try to find him a scholarship to study in an American college. Yuriy's father, Misha, has been unemployed for many months and at the moment, the only source of family income is from odd jobs that Yuriy does. Yuriy does not know what to do. His mother is ill, two of his younger brothers are disabled and the family relies on him. Yuriy is Cancer.

Bengt is a young Swedish skinhead. He has been arrested twice this year for violent behaviour. He has been out of work for two years now and despite this, refuses all the offers that have been made to him. He prefers to spend his time training his dog, a pit bull terrier, doing body-building and being in the streets with his mates, who have been linked to several recent racist incidents. Bengt is Aries.

Ricardo lives on his own in Barcelona, Spain, in a tiny apartment he can hardly afford. He has been ill for many months and lives off social security payments from the government. He used to work doing odd jobs. His wife took the children away and abandoned him when she heard that he has AIDS. He is Libra.

Abdoul came from Mauritania many years ago to look for work in the French capital, Paris. He spent the first years alone but was later able to bring over his wife and four sons as well as his grandparents. They all live in one apartment in a poor area of Paris. For a while things went well, especially when Abdoul's wife gave birth to twins, but it has proved a struggle to bring the children up to keep the Mauritanian traditions. The twins are now 12 years old. They are having lots of problems at school and often refuse to obey their parents. Recently, Abdoul lost his job because of the general economic downturn. Abdoul is Leo.

The twins, **Moktar** and **Ould**, were born in Paris in France. They are the children of Abdoul, a migrant worker, originally from Mauritania. The whole family, their parents, four older brothers as well as their grandparents all live in one apartment in a poor area of Paris. The twins are now 12 years old and have lots of problems at school. They refuse to study, skip classes very often to hang around with their friends in the suburbs of Paris and refuse to obey their parents, with whom they fight a lot, sometimes violently. Reports from school show that they are becoming increasingly aggressive. Moktar and Ould are Aquarius.

Krista, 20 years old, rents a tiny flat in a very poor suburb of Prague and dreams of living in Germany. She has read an advertisement offering jobs in Berlin. She called the number and met a man who promised to get her out of poverty saying that she will easily find a job in Berlin. She decides to trust the man and to take the chance to go to Germany. Krista is Sagittarius.

Jane is an elderly widow who lives in Scotland. Her husband was an alcoholic and hardly ever worked. She survives on the very small state pension but now needs extra care as her health is worsening. Jane is Pisces.

Bella lives together with her sister, Angelica, in Palermo in Italy. Their parents died when the girls were sixteen and seventeen, which meant that they had to leave school and work to support themselves. They are now twenty-two and twenty-three. Bella has two jobs; she works as a maid during the day and as a cleaning lady in a hospital at night. She also looks after Angelica, who is a drug addict. Bella refuses to let her sister down because she knows how much her sister suffered from their violent father. Bella has problems with her own hot temper, that she finds hard to control and which has caused her to lose her job on two recent occasions. Bella is Taurus.

Angelica lives together with her sister Bella in Palermo in Italy. Their parents died when the girls were sixteen and seventeen, which meant that they had to leave school and work to support themselves. They are now twenty-two and twenty-three. Bella has two jobs and she also looks after Angelica, who is a drug addict. Angelica often steals her sister's wages to buy drugs. She has been on and off drugs for many years but finds it very difficult to control her addiction. Angelica is Scorpio.

<p>Aries (Bengt) (21 March-21 April) Love Work Health</p>	<p>Libra (Ricardo) (23 Sept-22 Oct) Love Work Health</p>
<p>Taurus (Bella) (22 April-21 May) Love Work Health</p>	<p>Scorpio (Angelica) (23 Oct-22 Nov) Love Work Health</p>
<p>Gemini (Amina) (22 May-21 June) Love Work Health</p>	<p>Sagittarius (Krista) (23 Nov-21 Dec) Love Work Health</p>
<p>Cancer (Yuriy) (22 June-22 July) Love Work Health</p>	<p>Capricorn (Maria) (22 Dec-20 Jan) Love Work Health</p>
<p>Leo (Abdoul) (23 July-22 August) Love Work Health</p>	<p>Aquarius (Moktar and Ould) (21 Jan-19 Feb) Love Work Health</p>
<p>Virgo (Misha) (23 August-22 Sept) Love Work Health</p>	<p>Pisces (Jane) (20 Feb-20 March) Love Work Health</p>

This method is based upon the method of the same name in Compass, A manual for Human Rights Education for Young People¹

¹ Council of Europe, *A manual on Human Rights Education with Young People*, 3rd edition, Council of Europe Publishing, 2007, page 145.